



FOR IMMEDIATE RELEASE

Adair County Health Department & WIC announces updated income guidelines

Kirksville, MO – Adair County Health Department WIC announces the release of the updated income guidelines. The income guidelines are based on 185% of the federal poverty income guidelines issued by the Department of Health and Human Services (DHHS). DHHS releases annual adjustments to the poverty income guidelines before June each year.

Women, Infants and Children (WIC) is a special supplemental nutrition program providing services to pregnant women, new mothers, infants and children up to their 5th birthday based on nutritional risk and income eligibility. The primary services provided are healthy, supplemental food, risk assessment, nutrition education and counseling, breastfeeding promotion and support, health screening and referrals to health care. To be eligible for WIC, applicants must have an income of less than or equal to 185% of the poverty level and be at nutritional risk. Migrant families are also eligible. Supplemental Nutrition Assistance Program (SNAP) and Temporary Assistance for Needy Families (TANF) participants and MO HealthNet participants of income-qualifying MO HealthNet programs are automatically eligible for WIC benefits.

The income guidelines below reflect gross (pre-tax) income, and a pregnant woman may count as two family members. To view the complete list broken out by family size, visit WIC.Mo.Gov.

Family size	Annual	Monthly	Twice-monthly	Bi-weekly	Weekly
1	\$27,861	\$2,322	\$1,161	\$1,072	\$536
2	\$37,814	\$3,152	\$1,576	\$1,455	\$728
3	\$47,767	\$3,981	\$1,991	\$1,838	\$919
4	\$57,720	\$4,810	\$2,405	\$2,220	\$1,110

WIC is administered in Adair County by Adair County Health Department. Persons interested in applying or who need more information should contact Adair County WIC at 660-785-3237.

WIC clinics are offered at the following location(s):

- Adair County Health Department, 1001 S Jamison Street, Kirksville, MO 63501
Hours are Monday – Friday 8:00 am-6:00 pm

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Program information may be made available in languages other than English. Persons with disabilities who require alternative means of communication to obtain program information (e.g., Braille, large print, audiotape, American Sign Language), should contact the responsible state or local agency that administers the program or USDA's TARGET Center at (202) 720-2600 (voice and TTY) or contact USDA through the Federal Relay Service at (800) 877-8339.

To file a program discrimination complaint, a Complainant should complete a Form AD-3027, USDA Program Discrimination Complaint Form which can be obtained online at: <https://www.usda.gov/sites/default/files/documents/USDA-OASCR%20P-Complaint-Form-0508-0002-508-11-28-17Fax2Mail.pdf>, from any USDA office, by calling (866) 632-9992, or by writing a letter addressed to USDA. The letter must contain the complainant's name, address, telephone number, and a written description of the alleged discriminatory action in sufficient detail to inform the Assistant Secretary for Civil Rights (ASCR) about the nature and date of an alleged civil rights violation. The completed AD-3027 form or letter must be submitted to USDA by:

*mail: U.S. Department of Agriculture
Office of the Assistant Secretary for Civil Rights
1400 Independence Avenue, SW
Washington, D.C. 20250-9410; or
fax: (833) 256-1665 or (202) 690-7442; or
email: program.intake@usda.gov
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